

Catholic Youth Mission Trips of West Bend / Newburg, WI

General Expectations, Rules and Regulations

Everyone will be expected to act responsibly during the entire trip. We are going to different regions of the country where we will be viewed as "outsiders". We may have to modify our lifestyle or habits so as not to offend anyone.

1. Possession or use of illegal drugs or alcohol is strictly forbidden.
2. Firearms or replicas of firearms, knives or weapons of any kind are not permitted.
3. Sexual harassment or abuse in any form is not permitted.
4. Smoking or use of tobacco products by underage youth is not allowed. Use of these items by adults may be restricted. We will follow the rules for smoking as directed by our individual mission centers or work sites.
5. Bringing your cell phone will interfere with the quality of your trip experience. Therefore leaving your cell phone at home is strongly encouraged. There will be times that phones will be prohibited by your leaders or the organizations you are working for. We are not responsible for loss of property.
6. No pets will be permitted to accompany participants on the Mission Trips.
7. In order to assure the privacy of all participants, no females are permitted in the male's sleeping areas or men in the female's sleeping areas at any time.
8. Because we all need our sleep, we will observe and abide by the lights out rule as directed by our various work centers. If no such rule exists, it is up to the adult leaders on the trip to set the time, however we recommend a lights out time of no later than 11:00 p.m.
9. Use of personal audio devices on work sites or during any evening program activities is prohibited. Personal audio equipment may be used during transportation and personal "down time" but their use isolates you from your group and will adversely affect the quality of your Mission Trip experience.
10. Use of video recording equipment is not allowed.
11. Take photographs with great discretion. Before taking pictures of the people or families that you are serving, take the time to get to know them so they become comfortable with you. Always ask for and obtain permission before taking pictures of the people, their homes, mission sites or fellow volunteers. Never post on the Internet or Social Network sites etc., any pictures of the people or families that you are serving.
12. Proper clothing will be addressed in the Modesty Policy and the Individual Trip Packing Guidelines, and adherence will become part of these expectations, rules and regulations.
13. All volunteers (youth and adults) are expected to participate fully in their respective programs. This includes attendance at meals, chores, meetings, evening gatherings and special events.
14. Adult leaders are responsible for the safety and conduct of their youth volunteers at all times (whether at the center, at the work site or in the community).
15. Any additional rules or regulations required of us by our respective center directors, staff persons, or Mission Trip core team will be strictly observed.

We believe that adherence to these expectations, rules, and regulations are the minimum standard norms of conduct, which are consistent with the mission and purpose of our ministry. We reserve the right to terminate the participation of any individual at their expense if the individual does not abide by these rules and regulations.

Modesty Policy (from Partnership for Youth)

- Please keep in mind that some rules apply specifically to males while others are directed to females.
- Shorts, skirts, or dresses that do not extend past your fingertips when your arms are straight at your sides are prohibited.
- Shirts that reveal midriff are not permitted, nor are shirts that are too low cut from the neck area.
- Shirts, shorts, or pants that are too tight and draw attention to the shape of the body are not permitted.
- Pants or shorts are not allowed to sag to the point of revealing one's undergarments while standing
- During all liturgies and prayers, every youth and adult, must remove any headwear. This includes all hats, visors, headbands, bandanas, etc... This is more out of respect than modesty.
- Clothing that may appear to have an anti-Christian message will not be permitted.
- Shirts with writings that include crude language, promotion of alcohol or drug use, or suggestive material of a crude, sexual nature are prohibited.
- There will be no tolerance for cross dressing.
- Any individual wishing to serve as an Extraordinary Minister of the Eucharist for any of the Liturgical celebrations is asked to wear long pants or a skirt.
- At such events where music is being played, many people often feel moved to dance. While we encourage this, we feel it is necessary to remind you that no moves that appear to be tasteless and vulgar will be permitted. We invite you to have a great time, but please keep it clean!
- Females must wear a t-shirt/cover-up over 2 piece swimsuits. Males must wear t-shirt with their swimsuit.

APPROPRIATE



INAPPROPRIATE



If these guidelines are not followed, you will be asked to change into appropriate attire at the discretion of the trip leader.

Participant Signature: _____

Parent Signature: _____